



Rules and Regulations for Sangram

The Sangram Sports Fest is the annual sports fest of IIT Roorkee and is held every year. Attempts have been made to make this rule book comprehensive. However, for any further clarifications or support, the Rule book of Sangram should be referred to.

1. Aim and Objectives.

- (i) The primary objective of the Sangram Sports Fest shall be to organize sports competitions in a recognized event to encourage sportsmanship, promote and create better harmony, understanding, and friendly interaction among the staff and faculty of the participating institutes and to foster a close association among them.
- (ii) To raise awareness about making the importance of sports and games in the modern era.
- (iii) To help them learn to move skilfully and effectively not only in sports, games, and exercises but also in all active life situations.
- (iv) To raise the standard of sports in country and to work for the development of character through sports among the staff and faculty of the various institutes.
- (v) To discuss matters related to the organization of the sports and such other activities as may be conducive to the aims and objectives of the Sangram Sports Fest, as mentioned above.

2. Tournament.

- It should be noted that each institute shall participate as a single team for each event.
- The maximum number of certificates that can be awarded will not exceed the maximum number of participants allowed in that event.
- Every institute shall submit a list of players for each sport/game, not exceeding the number allowed in Table-3.
- Any team refusing to play a match without proper justification will be eliminated from the competition and the results of the matches already played by such a team will be cancelled. All such cases will be referred to the Sports Board. The particular team may be debarred from participation for next year.
- The Sangram Sports Fest shall consist of all the sports events that are mentioned in Table-3 and Table-5. The points secured by each institute in various events will be added separately. The institute that secures the highest points will be awarded the General Championship. In case of a tie in a particular sport/game, Table-3 and Table-5 will be used to compute the points. In case of a tie for the Overall Championship, the maximum number of first positions (Gold) secured by a team will be taken into account for deciding the tie for the first place in the Overall Championship and so on.
- The Rules/Regulations that are adopted by the federation of all the games and events up to the first
- The institute securing the highest points in the Men's events will be awarded the Men's Championship and likewise for Women.



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- In case of a tie for the Men/ Women/ Overall Championship, the team having the most number of first positions (Gold) in the team events will be taken into account for deciding the tie for first place in the Championship. Along with the above-mentioned sports, points secured in the March Past will be counted for the Overall Championship.
- The host institute shall award all the trophies of the Sangram.
- 400 Mtr- Women and 100 Mtr-Men (55 years and above) are non-point events.

Men

Events	I	II	III	IV	Maximum number of participants
Arm Wrestling	10	6	4	1	12 2 event per person
Athletics	10	6	4	1	12 2 event per person
Badminton	10	6	4	1	5
Basketball	10	6	4	1	12
Taekwondo	10	6	4	1	14
Cricket	10	6	4	1	16
Hockey	10	6	4	1	16
Football	10	6	4	1	17(11+5+1)
Tennis	10	6	4	1	4
Table Tennis	10	6	4	1	4
Volleyball	10	6	4	1	12
Weightlifting	10	6	4	1	10
Squash	10	6	4	1	3
Swimming	10	6	4	1	13
Water Polo	10	6	4	1	13
Kabaddi	10	6	4	1	12
Kho-Kho	10	6	4	1	12
PowerLifting	10	6	4	1	10
BodyBuilding	10	6	4	1	Open



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Women

Events	I	II	III	IV	Maximum number of participants
Athletics	10	6	4	1	8
Badminton	10	6	4	1	3
Table Tennis	10	6	4	1	3
Football	10	6	4	1	10 (7-Playing)
Volleyball	10	6	4	1	12
Tennis	10	6	4	1	3
Basketball	10	6	4	1	12
Taekwondo	10	6	4	1	6
Squash	10	6	4	1	3
Swimming	10	6	4	1	Max 2 per event
Kabaddi	10	6	4	1	12
Kho-Kho	10	6	4	1	12

Neutral

Events	I	II	III	IV	Maximum number of participants
Chess	10	6	4	1	5

Table -4

Position Tied for	No. of tied teams (Athletics) - II	No. of tied teams (Athletics) - III
I	8.0	6.0
II	5.0	4.0
III	3.0	2.0

3. Trophies and Certificates.

- (i) In team games, certificates of merit and medals shall be awarded to the winner, runners-up, and the second runners-up of each game, signed by the chairman and convener of the Sangram.



- (ii) In individual events like athletics, certificates shall be awarded up to the third position holder. In the case of athletics, the best athlete (Men and Women) will also be awarded.
- (iii) Only the IIT Roorkee Sports Board is authorized to award certificates to the participants in the Sangram.
- (iv) General Championship Trophy will be provided up to the third-place holder for both men and women.

4. Conduct/ Protest.

- (i) The decision of the referees will be final and binding, and no protests shall be entertained. Therefore, any team that leaves the field of play as a mark of protest and concedes a walk-over shall be deemed to have lost the fixture and will be eliminated from the event. Only the remaining teams will be considered as participating teams in that event.
- (ii) Any protest against the decision of an umpire/referee on a point of rule, and any other protest in connection with the concerned event, shall be written along with a protest fee of Rs.500 addressed to the Jury of Appeal, IIT Roorkee and must reach the Convenor or any member of the Board of the Host Institute within an hour of the conclusion of the concerned game duly signed by the Officials with name & designation of that particular Institute. In case of events being conducted outside, the protest in writing shall be handed over to the Jury of Appeal within an hour of arrival.
- (iii) A team/competitor shall be permitted a grace period of 15 minutes from the announced timing of the event and then a walk-over shall be awarded unless genuine reasons beyond his/ her control are presented and accepted by the Board.

5. Disruption/ Postponement.

Any event abandoned or disrupted due to unavoidable reasons shall be postponed or continued as the case may be and as per rules specified in the current rules of the respective Federation / Association. In cases where the rules of Federation/ Association cannot be implemented, the decision will be left to the Board, whose ruling shall be final.

6. General Rules.

- (i) The Institute participating in Squash may include 4 or more Male members in the contingents, specifically for Squash and no other game/ sport. The transfer of seats from men to women and vice-versa is NOT permitted.
- (ii) The order of events shall be fixed and notified well in advance to all participating institute.
- (iv) The Sports Association of the IIT Roorkee will provide the latest federation rule book of all the games at the Control Room so that any member can refer to the rules.
- (v) It will be the responsibility of the Board to provide the latest changes in the rules and regulations during the pre-meet board meeting.
- (vi) All the participants will bring their ID cards and photographs. IIT-R will issue participant cards only to the players as mentioned at 12(a) from a particular institute to participate.